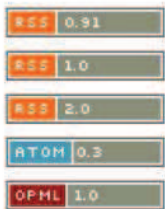


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Chemicals in cocoa called "flavonoids" have an effect similar to that of aspirin in reducing platelet clumping, the researchers concluded.

And dark chocolate is said to contain more flavonoids than any other food -- including green tea, black tea, red wine and blueberries.

Two tablespoonfuls of dark chocolate a day -- with minimal sugar and butter -- could be enough to keep clotting problems at bay, the scientists suggested.

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